



**February 14**  
**Steve Cuss**

**PRIMARY SCRIPTURE:**

James 3: 1-12, John 21:15-17

**DISCUSSION QUESTIONS:**

1. Read James 3: 1-13
2. Share a time when you said something you regretted?
3. What did regret feel like?
4. How about a time when someone said something to you that stung more than they realized?
5. Do you have a time when you went back and repaired those conversations?
6. When is a time you have held your tongue? Why is it so hard to do?
7. James talks a lot about the tongue, but Jesus reminds us the tongue represents our heart. How might you trust Jesus with your heart to help control your tongue.
8. Read John 21:15-17. What happened before this to cause this conversation between Jesus and Peter?