



January 17

Steve Cuss

PRIMARY SCRIPTURE:

James 1:19-25, Matt. 7: 24-27, John 13: 31-32

DISCUSSION QUESTIONS:

1. Tell us a time someone has given you blunt feedback on your behavior. What did they say? How did you respond?
2. James is blunt, to the point, and right. Quick to listen, slow to anger. What behavior in others triggers your anger?
3. What behavior in yourself?
4. Of these four listening postures, which is your default?
 - Listening to Fix
 - Listening to Defend
 - Listening to Hijack
 - Listening to Learn
5. What can you 'Marie Kondo' out of your life this week that is not helping your life or your wellbeing?
6. Is there someone you have expressed anger at that you need to seek forgiveness from this week?